



HELP SAVE A LIFE:

Suicide Prevention Information

because single actions can make a difference.

September 26, 2018

Monmouth County Library Eastern Branch

Drop in between 2-8 p.m.

September is National
Suicide Prevention
Month.

Drop in to find
out signs to look for,
where to get help and
how to reach out.

For more
information contact:
Monmouth County
Eastern Branch at
732-683-8980 or
866-941-8188

Sponsored by:

RWJBH Institute for Prevention and Recovery,
Upstream Suicide Prevention Program
Society for the Prevention of Teen Suicide
Mental Health Association of Monmouth County
The Community YMCA MC Traumatic Loss Coalition